## **Military Care Package items:**

Zip lock bags, Jolly Ranchers and local newspapers for packing items.

Powered drink mixes, cocoa, instant coffee and teabags.

Packets of sugar, sweet and low, creamer, hot sauce, mayo, ketchup, relish.

Seasoned salt and ground black pepper.

Ramen noodles, energy bars, canned meats, jerky, Slim Jims.

Crackers such as Ritz, Wheat Thins, etc. No saltines.

Pringles, nuts, cheese and peanut butter crackers, snack cakes, sunflower seeds, hard candies and chewing gum.

Soap, body wash, deodorant, shampoo, toothpaste, tooth brush, floss sticks with pick handles, hand sanitizer, sunblock. (*note*: travel size is great.)

Baby wipes, Clorox wipes, eye drops, lip balm, eyeglass lens wipes, sewing kits, aspirin, foot care items, small first aid items such as bandaids, antiseptic wipes or creams, Preparation H, etc. Feminine hygiene products, 100% cotton - good quality socks.

AA, AAA, and D batteries. No lithium - ion batteries.

Commando hooks, playing cards, yoyos, word game puzzle books, current magazines, jigsaw puzzles, comic books, note paper, pens and stamps.

We cannot use any perishable items or items that easily melt. No items that the post office prohibits (aerosols, flammable items, poisons, weapons, etc.).